



# RIDE the Gong



There's no better way to enjoy Wollongong's beautiful beach and mountain views than on your bike. By using pedal power, you can explore more than 42 kilometres of shared pathways from Sandon Point to City Beach, and as far south as Lake Illawarra.

On your bike you've got the flexibility to stop by one of the city's 17 patrolled beaches for a swim, or to take a dip in one of our nine public pools. We've got great parks and playgrounds dotted along our coast so families are spoilt for choice when it comes to rest stops. A must-try is the regional playground at Thirroul. It's big, and has everything kids could want to explore, climb up or swing on including one of Australia's longest flying foxes. If the kids aren't worn out after exploring this park, there's our award-winning regional playground in Towradgi to try too. Plus, at larger parks and at patrolled beaches you'll find public toilets.

It's not just about keeping the kids happy, though. All along our coastal share ways are cafes and restaurants that are just the spot for coffee and cake, or piping hot fish and chips. The stretch of cycleway from Stuart Park and along past North Wollongong Beach and Continental Pool is an iconic and much-loved section of our coastline. At every corner there are breathtaking views of ocean and escarpment. It doesn't have to be a flying visit to Wollongong. Council has three tourist parks in prime beachside locations at Bulli, Corramal and Windang, so why not make it a longer trip? Book into a beachside cabin – you can pick between one, two and three bedroom options – or bring your caravan or camping equipment. Whatever you decide, be sure to reserve your spot early as our popular parks book up quickly.



Destination **WOLLONGONG**



For more information visit:  
[www.wollongong.nsw.gov.au](http://www.wollongong.nsw.gov.au)  
[www.visitwollongong.com.au](http://www.visitwollongong.com.au)  
[www.wollongongtouristparks.com.au](http://www.wollongongtouristparks.com.au)



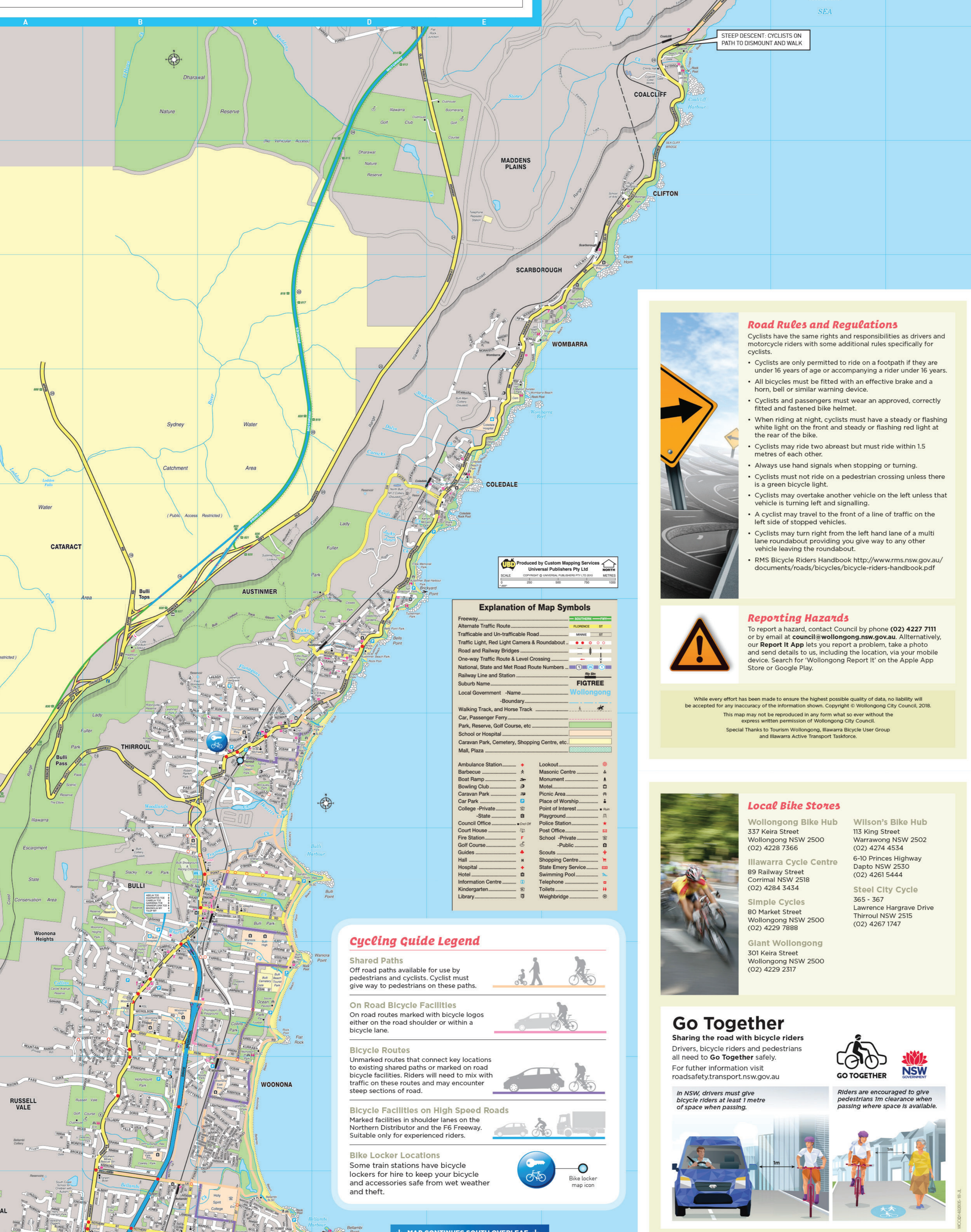
## SHARED PATHS

Shared paths provide an off road facility for both cyclists and pedestrians and are significantly wider than standard footpaths. Wollongong's shared path network is shown on this map. As a cyclist using a shared path, be mindful of pedestrians and observe the following:

- KEEP LEFT**  
**Keep to the left... share the track**  
Keep left except when overtaking slower traffic. Look before you cross the path.
- WARN WHEN APPROACHING**  
**Ensure people are aware of your presence**  
Use your bell or call to warn when approaching.
- GIVE WAY**  
**Cyclists give way to pedestrians**  
Always travel at a safe speed, watch out for other path users.
- MOVE OFF PATH WHEN STOPPED**  
**Move off the path when stopped**  
Avoid obstructing the path of other users.
- WEAR A HELMET**  
**Protect yourself and be aware**  
Follow the road rules and always wear a helmet, it's the law.
- BE SAFE, BE SEEN**  
**Be safe, be seen**  
Use lights, reflectors and wear bright colours to increase your visibility.

## WHY RIDE A BIKE?

- Health**  
Cycling is a low impact form of exercise that can start from your front door. Making cycling part of your commute to work is a convenient way of including physical activity in your day that is easier to sustain than additional trips to gyms or other exercise activities. Try one or two days a week commuting for a start.
- Recreation**  
Cycling is also a great way to enjoy Wollongong's many parks and foreshore areas. Get kids riding for fun at a young age and they will be more likely to choose cycling as a preferred means of transport at a later age.
- Time Saving**  
As a door-to-door form of transport, cycling can provide a comparable or even faster way to get around than a car or other modes.
- Environmental**  
Cycling provides a great alternative to your car as statistics show that the bulk of our car use is for short trips. With the average Australian car emitting about 4 tonnes of carbon dioxide into the earth's atmosphere every year, cycling can help to greatly reduce our greenhouse gas emissions and improve air quality.
- Financial**  
Commuting to and from work by bicycle provides a low cost alternative to other forms of transport. For some, cycling can provide the opportunity to avoid owning a second car. Average running costs for small to medium sized cars total about \$200 per week. Significantly higher costs can be expected for larger vehicles.



**Explanation of Map Symbols**

Freeway	Alternate Traffic Route	Traffic Light, Red Light Camera & Roundabout	Road and Railway Bridges	One-way Traffic Route & Level Crossing	National, State and Met Road Route Numbers	Railway Line and Station	Suburb Name	Local Government	Walking Track, and Horse Track	Car, Passenger Ferry	Park, Reserve, Golf Course, etc.	School or Hospital	Caravan Park, Cemetery, Shopping Centre, etc.	Mall, Plaza	Lookout	Masonic Centre	Monument	Motel	Picnic Area	Place of Worship	Point of Interest	Playground	Police Station	Post Office	Public	Scouts	Shopping Centre	State Emergency Service	Swimming Pool	Telephone	Toilets	Weightbridge
---------	-------------------------	--	--------------------------	--	--	--------------------------	-------------	------------------	--------------------------------	----------------------	----------------------------------	--------------------	---	-------------	---------	----------------	----------	-------	-------------	------------------	-------------------	------------	----------------	-------------	--------	--------	-----------------	-------------------------	---------------	-----------	---------	--------------

### Cycling Guide Legend

- Shared Paths**  
Off road paths available for use by pedestrians and cyclists. Cyclist must give way to pedestrians on these paths.
- On Road Bicycle Facilities**  
On road routes marked with bicycle logos either on the road shoulder or within a bicycle lane.
- Bicycle Routes**  
Unmarked routes that connect key locations to existing shared paths or marked on road bicycle facilities. Riders will need to mix with traffic on these routes and may encounter steep sections of road.
- Bicycle Facilities on High Speed Roads**  
Marked facilities in shoulder lanes on the Northern Distributor and the F6 Freeway. Suitable only for experienced riders.
- Bike Locker Locations**  
Some train stations have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft.

### Road Rules and Regulations

Cyclists have the same rights and responsibilities as drivers and motorcycle riders with some additional rules specifically for cyclists.

- Cyclists are only permitted to ride on a footpath if they are under 16 years of age or accompanying a rider under 16 years.
- All bicycles must be fitted with an effective brake and a horn, bell or similar warning device.
- Cyclists and passengers must wear an approved, correctly fitted and fastened bike helmet.
- When riding at night, cyclists must have a steady or flashing white light on the front and steady or flashing red light at the rear of the bike.
- Cyclists may ride two abreast but must ride within 1.5 metres of each other.
- Always use hand signals when stopping or turning.
- Cyclists must not ride on a pedestrian crossing unless there is a green bicycle light.
- Cyclists may overtake another vehicle on the left unless that vehicle is turning left and signalling.
- A cyclist may travel to the front of a line of traffic on the left side of stopped vehicles.
- Cyclists may turn right from the left hand lane of a multi lane roundabout providing you give way to any other vehicle leaving the roundabout.
- RMS Bicycle Riders Handbook <http://www.rms.nsw.gov.au/documents/roads/bicycles/bicycle-riders-handbook.pdf>

### Reporting Hazards

To report a hazard, contact Council by phone (02) 4227 7111 or by email at [council@wollongong.nsw.gov.au](mailto:council@wollongong.nsw.gov.au). Alternatively, our Report It App lets you report a problem, take a photo and send details to us, including the location, via your mobile device. Search for 'Wollongong Report It' on the Apple App Store or Google Play.

While every effort has been made to ensure the highest possible quality of data, no liability will be accepted for any inaccuracy of the information shown. Copyright © Wollongong City Council, 2018. This map may not be reproduced in any form whatsoever without the express written permission of Wollongong City Council. Special Thanks to Tourism Wollongong, Illawarra Bicycle User Group and Illawarra Active Transport Taskforce.

### Local Bike Stores

<b>Wollongong Bike Hub</b> 337 Keira Street Wollongong NSW 2500 (02) 4228 7566	<b>Wilson's Bike Hub</b> 113 King Street Warrarong NSW 2502 (02) 4274 4534
<b>Illawarra Cycle Centre</b> 89 Railway Street Corramal NSW 2518 (02) 4284 3434	<b>6-10 Princes Highway</b> Dapto NSW 2530 (02) 4261 5444
<b>Simple Cycles</b> 80 Market Street Wollongong NSW 2500 (02) 4229 7888	<b>Steel City Cycle</b> 365 - 367 Lawrence Hargrave Drive Thirroul NSW 2515 (02) 4267 1747
<b>Giant Wollongong</b> 301 Keira Street Wollongong NSW 2500 (02) 4229 2317	

### Go Together

Sharing the road with bicycle riders  
Drivers, bicycle riders and pedestrians all need to **Go Together** safely.

For further information visit [roadsafety.transport.nsw.gov.au](http://roadsafety.transport.nsw.gov.au)

**In NSW, drivers must give bicycle riders at least 1 metre of space when passing.**

**Riders are encouraged to give pedestrians 1m clearance when passing where space is available.**

### Bicycles on Public Transport

Although bicycles are not allowed on buses in NSW, you can take your bike on Opal card operated trains free of charge. Avoid travel during peak hour rail services.

### Bicycle Lockers for Hire

The following stations have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft:

- Coniston Station
- Corramal Station
- Dapto Station
- Fairy Meadow Station
- Helesburgh Station
- Thirroul Station
- Towradgi Station
- Unanderra Station
- Wollongong Station

Log on to [transport.nsw.gov.au](http://transport.nsw.gov.au) for details on how to hire a locker at one of these locations.

### Local Cycle Groups

- Illawarra Bicycle User Group Incorporated (IBUG) [www.ibug.org.au](http://www.ibug.org.au)
- Illawarra Cycle Club [www.illawarracycleclub.org.au](http://www.illawarracycleclub.org.au)
- Illawarra Triathlon Club [www.itc.org.au](http://www.itc.org.au)
- Illawarra Touring Cycle Club  
Email: [pjones@tpe.com.au](mailto:pjones@tpe.com.au)
- WEA Ramblers [www.illawarraramblers.com.au](http://www.illawarraramblers.com.au)
- Wollongong Mountain Bike Club [www.wmbc.asn.au](http://www.wmbc.asn.au)

**FREE**

# WOLLONGONG CYCLING GUIDE + MAP

[www.wollongong.nsw.gov.au](http://www.wollongong.nsw.gov.au)